For someone to ask themselves about this subject takes quite a bit of introspection. Most of the time we spend practicing the presence of US.

Life within our western culture prides it's self in motivating individuals to make something of themselves in life, each according to their gifts, desires and persistence. I followed this pattern and sought my good according to what I thought was for my benefit and my happiness. Most people follow this same process until some crisis befalls them and they cry out into their own wilderness, searching for consolation, healing and or change. We suffer.

We begin to look to something greater than ourselves. We look up to what we want to believe as God.

We find we want God to solve our problems but find however that we cannot use God. We ultimately can only yield ourselves to God. This is surrender. One of the most intimate ways to surrender ourselves to God is to seek without a purpose. To be in a place of quiet realization that all is good, all is already given awaiting our acceptance of it and desiring a close relationship with our Heavenly Father just because we love God.

Joel Goldsmith said in his book Practicing the Presence: "We are outside of heaven with no hope of ever gaining entrance to it as long as we believe that we have a selfhood apart from God, a being separate and independent of God. The beginning of wisdom is the realization that the kingdom of God is within us and that it must flow out from us."

Once this divine inheritance settles into our consciousness, it reconciles every suggestion of limitation the world poses to us. It will lift us into our truest purpose in life. We find that in the purity of our hearts and with engaged daily spiritual practice, we experience the freedom of the soul. The place where there is no separation of where God and man unite.

"But my brethren, be patient until the coming of the Lord, just as the husbandman waits for the precious crop of his field, and has long patience for it, until he receives the early and the latter rain."

"To an inheritance incorruptible and undefiled, that does not fade away and is prepared in heaven for you."

James 5:7, Peter 1:4